

"Basic information and camp rules" continued from the front page.

**MEDICAL CARE** is available from the time you arrive. We will provide TB testing upon your arrival. Other infectious disease screening will be available. Check with your Tent Leader and the daily schedules for updates.

**No ins and outs.** We can not keep track of people if they leave and come back in again. If you want to leave, you may do so at any time. If you leave, you can not come back in during the remainder of the event. If you leave early you may not take supplies/shoes/clothing given to you during the event. Otherwise, people would just show up for the goodies and then leave.

### Friday, August 11, 2006 Schedule of Events

0700	COLORS	1400-1500	MANDATORY Participants Workshops
0630-1100	<p>Showers / Haircuts 0900-0930 Tents M-O                  0630-0700 Tents S-U 0930-1000 Tents P-R                  0700-0730 Tents A-C if necessary, otherwise                  0730-0800 Tents D-F move up ♀                  0800-0830 Tents G-I 1100-1200 FEMALES                  0830-0900 Tents J-L ONLY</p> <p><b>Drop off clothing for laundering</b></p>	1400-1800	<p>Clothing/Shoes Issue continues if necessary</p> <p>1400-1430 Tents A - C 1600-1630 Tents M-O                  1430-1500 Tents D-F 1630-1700 Tents P-R                  1500-1530 Tents G-I 1700-1730 Tents S-U                  1530-1600 Tents J-L</p>
0700-0830	<p>BREAKFAST Females/Children Tent(s) always first</p> <p>Tents D-F Tents M-O Tents V-end                  Tents G-I Tents P-R Tents A-C                  Tents J-L Tents S-U</p> <p>Military &amp; Volunteer Staff always last (exceptions: Safety Teams/Entertainment)</p>	1300-1845	<p>1545-1630 Tents P-R                  1630-1700 Tents S-U                  1345-1415 Tents D-F if necessary, otherwise                  1415-1445 Tents G-I move up ♀                  1445-1515 Tents J-L 1700-1800 Females/                  1515-1545 tents M-O Children</p> <p><b>Last drop off clothing for laundering</b></p>
0830-1200	Legal Intakes/Reviews END AT NOON	1730	<p>COLORS</p> <p>RADM Jody Breckenridge, USCG 11<sup>th</sup> Dist. Cmdr                  RADM Russell Gorman, USNR (Ret.)                  RADM Tom Brown, USN (Ret.)                  RADM Mary P. O'Donnell, USCG (Ret.)                  Naval Enlisted Reserve Association San Francisco                  Chapter Color Guard</p>
0900-1300	Clothing Issue for new comers, as determined by Tent Leaders	1800-1930	<p>DINNER Females/Children Tent(s) always first</p> <p>Tents J-L Tents S-U Tents D-F                  Tents M-O Tents V-end Tents G - I                  Tents P-R Tents A-C</p> <p>Military &amp; Volunteer Staff always last (exceptions: Safety Teams/Entertainment)</p>
0900-1600	Community Services: Social Security (Thu & Fri only), all other services	1800-2230	Entertainment
0900-1700	"Art in the Park"	1900	Yountville Movie Theater: "Under Siege" and "The Recruit"
1000-1100	MANDATORY Participant Workshops	2300	Lights Out
1200-1400	<p>LUNCH Females/Children Tent(s) always first</p> <p>Tents G-I Tents P-R Tents A-C                  Tents J-L Tents S-U Tents D-F                  Tents M-O Tents V-end</p> <p>Military &amp; Volunteer Staff always last (exceptions: Safety Teams/Entertainment)</p>		
1330-1700	LEGAL AND TAX ADVICE		
1400-1500	Kids Stuff		

### Need Legal Services ????

- **Veterans Home Court:** Saturday at 0900 at the Courthouse.
- **Registration for Homeless Court:** Friday at 0900 (If you pre-registered you do not need to register again.)
- **D.M.V. for I.D.s and FTA clearance:** Friday at 0830 and Saturday at 0900 at the D.M.V Tent next to the Courthouse.
- **Statewide Child Support Issues:** Friday at 0900. Register at the Courthouse.
- **Tax Issues:** Friday at 1400 and Saturday at 1400. Accounts will be present to help you.
- **Attorneys at Law** will be present to discuss legal issues with you at the Courthouse on Friday afternoon and Saturday afternoon



# LZ BURBINE BLURB

All the news that fits, we print.

## Welcome to East Bay Stand Down 2006!

### What is a Stand Down

Stand Downs were named in Vietnam for the relatively safe times when combat troops could get a shave, shower, clean clothing and other comforts. The term was used again twelve years ago to describe a way to help displaced vets by the Vietnam + of San Diego. Since that time, there have been hundreds of Stand Downs held throughout the country. This is the third EBSD.

### What is LZ Burbine?

The East Bay Stand Down is named after Len Burbine, who was one of our original organizers. Len passed away before the Stand Down came to be so, as was the tradition in Vietnam to name a helicopter landing zone (LZ) after one of our fallen comrades, we have named the East Bay Stand Down after USMC Sergeant Major (Retired) Leonard Burbine.

### Who is doing all this?

Our main sponsors are The Vietnam Veterans of Diablo Valley, the Concord Vet Center, the Ladies Auxiliary of the Antioch VFW Post 6435, The Danville-Sycamore Valley Rotary, SBC Pac Bell, United Airlines, the United Way of the Bay Area, Eli Lilly & Co., the California Department of Veterans Affairs, The United States Army 63d RSC and many more. We have over 800 volunteers from around the bay area signed up to help.

### Why are we doing this?

Because stand downs have proven to work to help break the cycle of homelessness. Because you, the participants, earned extra help by virtue of your service to our country. Because you have proven you can complete a tough assignment in your past, we know you can do it again. This is a hand up, not a handout.

### LEGAL HELP

We will have the Superior Courts from Alameda, San Francisco, Contra Costa, Solano, Santa Clara and San Joaquin Counties will be convening here on Saturday, August 12. If you have misdemeanor violations which have or have not gone to warrant you may have the judge decide on them here. Alternatives to sentencing are available while you are at this event. You will be given "sign offs" for every meeting or service you attend. When you go to court here, those sign offs will be taken into consideration in your sentences.

### There will be no arrests at Stand Down

In order to receive a hearing on your pending misdemeanors or to find out if you have any, you must register with the legal folks no later than 12 noon on Friday, Sept 6. There will be other legal help for you through attorneys in the legal tents. This help will be for issues like child support, tax problems, bankruptcy, or other common problems.

### Basic Camp rules and information:

LZ Burbine is a safe place for you and for the people working here. The rules apply to both participants and volunteers/staff. We will treat everyone with respect and concern. We require all participants to attend meetings/services while they are here. These meetings and services will be available all the time. You must attend at least

two meetings daily at 10 a.m. and at 2 p.m. All participants must attend meetings unless they are participants in court or at another appointment. This is in hopes that participants will get more out of the event than just food, clothing, shoes and a couple of movies.



## Day One ...

As the first groups arrived in camp via bus from throughout seven Bay Area counties, it was apparent a quiet city of vacant tents, chairs and stationary vehicles began to stir in earnest. The transformation was impressive as dozens of vehicles began making their way off Road 12 onto the Alameda County Fairgrounds.

The first sign of anticipation was a nearly full parking lot of volunteers by dawn.

The 2006 version of East Bay Stand Down officially was called to order at 9:30 a.m. as Denver Mills, Chairman of EBSD, began to bark out rules of behavior and encampment to arriving participants. All homeless veterans seemed eager to take advantage of the impressive variety of medical, social and legal services.

While he ended his orientation to a group from Oakland, "We are proud of your service to our great country. We want to work with you. If you can't find it in camp" began to relay Denver, one of the participants finished the sentence by blurting out, "you probably don't need it!"

Just five hours later the camp was deemed full. A final count of 415 men and women safely occupied 19 of the 20 standing GP large sleeping tents.

Even the weather cooperated and reduced its intensity as temperatures hovered around 90 degrees. Just yesterday, the final day of camp setup, we had triple-digit temperatures. If you believe the weatherman we will continue enjoying cooler weather our next few days.

Some setbacks occurred along the way. One participant fell out in line during orientation, clearly feeling the combined effects of high Tri-Valley temperatures and a substance abuse issue. Despite all attempts, he refused medical attention and left camp. Another participant also was quickly corrected when overheard saying he was only staying in camp one day for legal services.

At lunch, the whiff of marijuana did not mix well with pasta and was quickly detected by military and civilian staff. Once the source was located, a brief argument ensued over its justification and use of the "medical marijuana." Jerry Yahiro made the decisive call without hesitation, "No contraband in camp. Period."

Human-interest storied abound. An EBSD coordinator actually met a long lost relative – a military volunteer – who he had lost all contact with over 20 years ago. "Life works in strange ways."

The camp was ready for Day Two.



The first participant arrives! Robert Tackett of Hayward, age 45, was an Airforce Cripto Craft Specialist Repairman.



## East Bay Stand Down

### Come to the Activities Tent!

Lots of Books

Checkers • Chess • Dominoes

A Variety of Board Games

♦ ♥ Cards ♣ ♠

Cribbage!

Facials for the Ladies!

Friday and Saturday

100 – 1200 and 1300 – 1700

Massage Therapist

Saturday Only

1200 – 1400

### Tournaments

Saturday 1600 – 1900

Chess ☆ Checkers ☆ Dominoes

Prizes will be awarded and a few lucky people may win a Checker/Chess board or a set of dominoes.

Come on down! A good time will be had by all!



### Camp Cooks Menu

**Breakfast:** Courtesy of Realtors Marketing Association

Orange Juice

Eggs

Sausage

Sweet Roll

Fresh Fruit

**Lunch:** Courtesy of Knights of Columbus

Spaghetti with Meat Sauce

Green Salad with Italian Dressing

Garlic Bread

**Dinner:** Courtesy of Fisherman's Wharf Association

Grilled Tilapia with Prawns

Italian Style Vegetables

Pasta with Garlic Sauce

Bread Pudding

### Showers

Showers are scheduled by tents only.

Men's times are 0730 to 0930 and 1630 to 1830.

Women's times are 1630 to 1730.

5 minute showers please.

All showers need to be shut off after use.

Tent Leaders need to be present.

Questions? See John Cloke.

## Alcoholics Anonymous (AA) & Narcotics Anonymous (NA)

Alcoholics Anonymous (AA) is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recovery from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with sect, denomination, politics organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics achieve sobriety.

Narcotics Anonymous (NA) is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We meet regularly to help each other stay clean. We are not interested in what or how much you used but only in what you want to do about your problem and how we can help.

There will be AA and NA meetings 24 hours a day throughout the course of the event until 0600 Sunday morning. NA meetings will be on even hours and AA will be on odd ours, unless otherwise posted. Both tents will have lots of free literature and meeting schedules in English and Spanish.

Today at 1500 there will be an AA Women's Only meeting hosted by Claire H. (sobriety date 9-3-77).

Tonight at 2000 we will have an AA speaker meeting. The guest speaker, Jim M., served in the US Army, 4<sup>th</sup> Infantry Division, from 1967 to 1970 which included Vietnam November 1967 to November 1968. Jim was discharged as a Sgt E-5. His sobriety date is July 14, 195 and he has been in service with AA at various levels since January 1976.

See you there!

### Art in the Park

♦ Peaceful ♦ Tranquil ♦ Insightful ♦ Reflection ♦ Creative ♦

Come relax in the "Art in the Park" tent during your free time. You will be surprised at the art that will emerge from your heart. Open your spirit and let your creative juices flow.

VAPAHCS Recreation Therapy

### Portraits!

Photo portraits will be taken Friday. There will be a booth/area set up along the chow line. These images will then be available for pick up Saturday. Help will also be available for writing letters to reconnect with family. The photo can be enclosed with the letter.